SEASIDE POST
NEWS-SENTINEL

Bulk Rate
U.S. Postage
PAID
Permit No. 14
Seaside, Ca.

SERVING THE MONTEREY PENINSULA INCLUDING FORT ORD

Vol. 28 No. 8, Wednesday, February 6, 1974 | 510 Broadway Seaside, Calif. 93955 Area Code 408: 394-6632 | 10 cents per copy; $5.00 per year by mail

MONTEREY COUNTY FREE LIBRARY

Editorial

The Seaside POST & News-Sentinel ran a story recently about the building of the new United California Bank project on the corners of Olympia and Fremont Streets and the lack of minority involvement in this project.

It was revealed that since the story, some minorities have been employed as apprentices and journeymen on the job, and we are grateful to Joe Fratessa, the prime contractor for this employment, but it is not enough.

A call was made to James Robertson, Properties Department, UCB, San Francisco office, who informed us that this building project was announced to a group of select bidders, a "closed list." That even though there were some 200 or more qualified minority contractors available, including John Glass, a general contractor in Seaside, (Mid-Town Construction Company) none were permitted to participate in the bidding for this job. Ye over 50% of the total patronage at the Seaside branch of UCB is minority.

Obviously none of the sub-contractors will be minority unless we force the issue, yet this is a Federally Insure bank which is doing business with the Federal Govern ment.

Serious questions arise over the legality of the bic procedures. These questions need answering. Among these are:

By having a "closed list" of selected bidders, is not the UCB discriminating?

Since over 50% of the patronage of the UCB, Seaside Branch, is minority, is it not good business sense to place some of the monies into the hands of those who patronizes the bank?

Even though no federal funds are being used in this construction, is it morally right not to insist that some of the sub-contractors be minority, thereby guaranteeing that some of the monies being spent will come back to the bank?

THE JOHN GLASS STORY

John Glass, a general contractor in Seaside, whose account is in the UCB, has had so little work that he has had to go to the San Francisco Bay Area to obtain work. He had developed credit problems because of the lack of work, and comments were made that would not pay his bills. I ask you, How Could He, with no work. Here, then, is a minority general contractor, available and qualified to construct any building, and had his account in the United California Bank, yet was not even permitted to bid on the building.

He could not feed his family, nor could he help reduce the welfare rolls by taking people off the Tax Eaters rolls and placing them on the Tax Payers Rolls. In order to survive, he has to travel some 200 miles, round trip, to work. Where is the justice of it all?

Two men were sent to Joe Fratessa's office. They were allowed to fill out the applications for the position of carpenter.

After their interview with Rene Dean of Fratessa's office, both men were told that there was a shortage of materials and there would be no more work on the UCB until the materials arrived. They were further advised that they would be notified by telephone when to report for work. In any event, it should only be for a few days at the most.

Since Monday, January 28, to the time of this writing, neither Fratessa nor Dean has returned any calls to the Monterey Affirmative Action Plan office, nor has either of the two men been called for work.

UCB Branch Manager, W. Sosic, has called a meeting between Seaside Mayor B. J. Dolan, the staff of the Home Town Plan and this writer for Wednesday, Feb. 6 in the Council Chambers. Apparently this meeting will be to discuss the problems which we have brought to your, the readers, attention. In the meantime, the building is steadily going up with no minority contractors or subconbractors, and few, if any, minority employees involved.

My thanks to Mr. Fratessa in the earlier portion of this editorial may have been a little premature, but I say to both the UCB and the contractor, that the proff of the pudding is in the eating. Promises have never permitted us to pay any bills. This is something to seriously think about, for if minorities refuse to patronize your bank, it is possible that the building you now have will be more than adequate.

Youth Committee Is Appointed

The Monterey Community Services Advisory Commission held a meeting recently at the Headquarters Community Services Dept. in Salinas. A sub-committee was appointed, the Youth Committee of the MCSAC. Members are Mr. Charles Drummond, Mr. George Herman and Mrs. Sally Gutierrez.

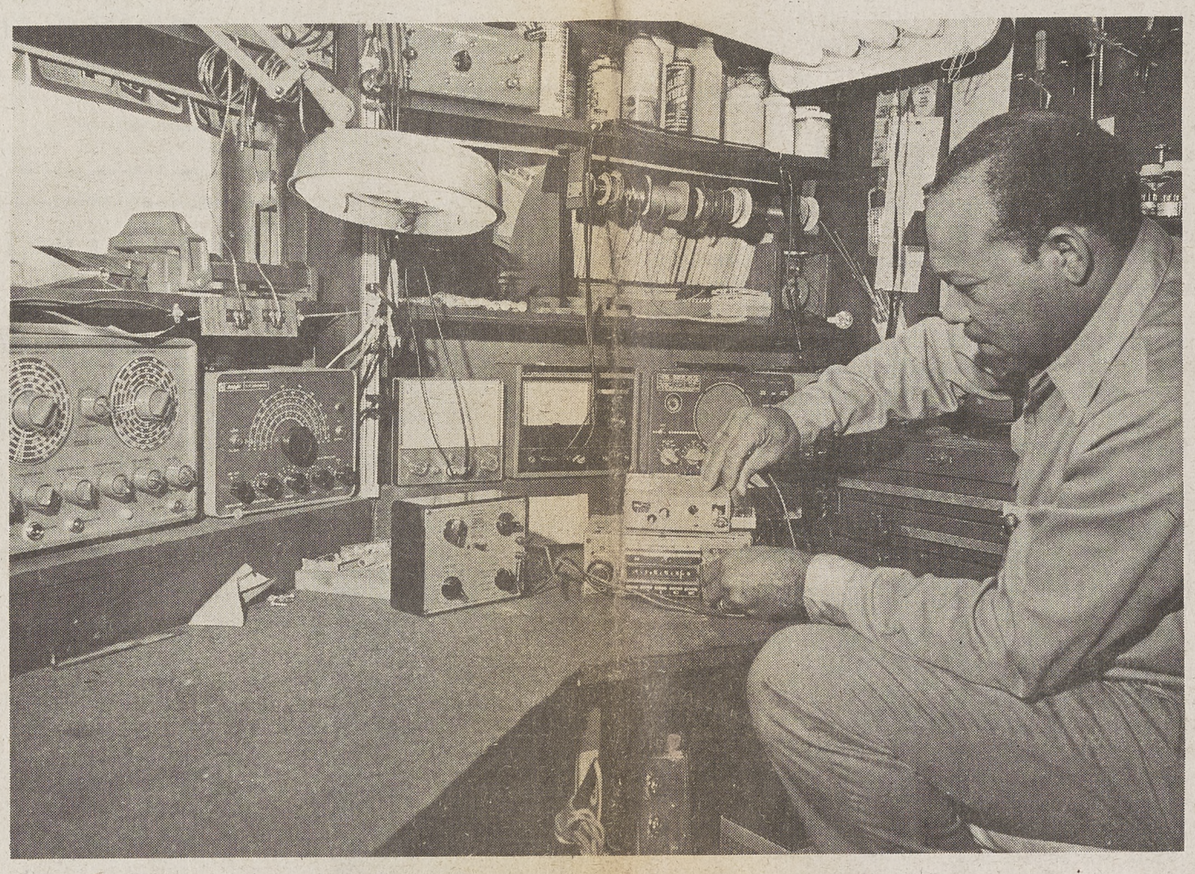
The Youth Committee was formed to investigate and advise the MCSAC on the activities of the youth leaders around the Monterey County area.

Their report will be given at the next full committee meeting.

The Youth committee will investigate such areas as appropriate youth activities, the age limits for a "youth", and supervising the work being done for youth all over the county.

According to Mr. Herman after hearing the programs put forth by the area youth leaders he was "very favorably impressed and sees no immediate serious problems."

BUSINESS OF THE WEEK



The Seaside POST News-Sentinel visited G.H.M. T.V. Service, 1536 Del Monte Blvd., in Seaside, this week and found a variety of Sanyo radios, T.V.s, and tape recorders for your home entertainment. G.H.M. has been a favorite spot for peninsula customers since Jan. 1972. Besides selling both black and white televisions, stereos, radios and tape recorders, Eugene Watford, owner, is a service specialist.

Lawson Upset By Polling Discrepencies

Oscar Lawson, candidate for city council, was appalled to find out that some citizens in the City of Seaside have to go to two different polling places to cast their ballots for city and county elections.

Stating that he would use his leadership, if elected to council, to correct these deficiencies, Mr. Lawson said, "There is no reason that the City cannot cooperate with the county and other agencies to logically consolidate their election or their precincts so the voting public will not be inconvenienced or have extra expense.

Mr. Lawson further stated that, "I advise each voting citizen to call the city clerk at city hall, 394-8531, to find out where they vote for city, county, state and federal candidates prior to election day, March 5, 1974."

Applications For Apprentices Are Now Being Accepted

The Joint Electrical Trades Apprenticeship and Training Committee of Monterey County announced that applications are now being received for apprenticeship trainees.

The hourly wage rate for an apprentice is $5.14 per hour. The age of the applicant must be between 18 and not more than 31.

Applications are being taken on a continuing basis pending need of qualified applicant. Testing will be conducted once per year with the date to be set by the JATC.

Apprentices shall be under the constant supervision of a Journeyman Electrician at all times. The trade requires physical effort on the part of the apprentice to do climbing, crawking, crouching and working in cramped quarters. Because wiring is frequently keyed in color for connection purposes, the worker cannot be color blind. Mechanical ability and finger dexterity is very essential. The work may be performed either indoors or outdoors. The major portion of duties are indoors or in the semi-sheltered or unfinished building.

To qualify for the positions, the applicant must be a high school graduate with a diploma or G.E.D. at the time of filing an application. One year of algebra is required. He must have a willingness to attend classes as required by the Joint Apprenticeship Committee. State apprenticeship standards adopted by the Monterey County JATC are all a part of these requirements as provided by the Shelley-Maloney Act. The applicant must establish proof of age.

The test covers addition, subtraction, decimals and fractions. The selection of apprentices will be made on the basis of qualifications alone, without regard to race, creed, color or national origin. Applications received or not completed by March 20 will not be considered for testing and/or placement during the year of 1974. Applications may be obtained from 931 Market Street, Salinas. For information call 373-1411.

May Get Center

Vice-Mayor Stephen E. Ross is optimistic about the prospects of a COUNTY HEALTH AND WELFARE CENTER being constructed in Seaside. After the recent City Council meeting, at which time there was considerable debate on that subject, Mr. Ross, was interviewed and he said:

"I am happy that the County of Monterey has begun moving in the direction of placing Health and Welfare facilities in different parts of the County in an effort to bring the services closer to the people that need and use those services. I am especially grateful to Mr. Roger Poyner, Supervisor of the Fourth District, in which Seaside is located, and Mr. Edwin R. McCauley,, Administrative Officer of Monterey County, for the hard work they have put into the project that is proposed for Seaside."

Gregory To Appear At Seaside High

Dick Gregory, Comedian, Social Satirist, and Rights Activist, will appear Wednesday Feb. 20 at Seaside High School Gymnasium.

His appearance is sponsored by the Infant Care Center and proceeds from the event will benefit the Center located at Kimball and Noche Bueno Streets in Seaside. Tickets at $2 are on sale at the following locations:

The Infant Care Center and Camera Masters of Seaside, Lily Walker Records of Pacific Grove, Thunderbird Books of Carmel Valley, Record Cove and the Monterey Peninsula College Community Services Office of Monterey.

On the night of the event the box office at the Seaside gym will have tickets for sale but the price then will be $2.50 according to the sponsors.

Gregory was born in the black ghetto of St. Louis, became a track star in college and by the early 1960's was a top comedian in night clubs and on television. As the Civil Rights movement grew, also in the 1960's he devoted more and more time to participation in demonstrations for the cause and against the war. He is a pacifist, vegetarian and sometimes politician. In 1967 he was an independent write-in candidate for mayor of Chicago and in 1968 for president of the United States. Although he lost both elections his supporters voted him as President of the U.S. in exile and staged two inaugural balls to celebrate.

Gregory has made many recordings and has written seven books including the autobiographical "Nigger" and his most recent "Cooking with Mother Nature."

Seaside Gets Grant For New Library

by Janet Zitnick,
Seaside POST &
Sentinel Staff Writer

Senator Burt Talcott announced recently that the City of Seaside is to receive a grant of $290,880 from the Economic Development Administration for the construction of a community library.

The City will contribute an additional amount of $72,720 for a total of $363,-600. The library will be administered by the Monterey Peninsula Library System, making it a joint project between the federal government, Monterey county and the City of Seaside.

The new library, slated to begin construction in 90 days and to be completed in one year, is designed to hold 35,000 volumes for adults and will contain a children's reading room with 15,000 volumes, and a public meeting room. It will be located in the Seaside civic area, between City Hall and the Department of Motor Vehicles Building.

It will be a one story building, similiar in appearance to the City Hall Building without the dome. The plans have been designed by Keeble and Rhoda of Monterey.

The structure will replace the present Seaside library located in the basement of the Monterey Bay Grange building at Imperial St. and Elm Ave.

A further advantage to the community will be the employment of an estimated 65 people for construction work and p full-time and 6 parttime librarian jobs.

When queried about the new library, Steve Ross, Seaside's Vice Mayor had this to say: "This is an accomplishment we've been working for a number of years and we're happy to see it reach the implementation stage. The library is something Seaside and the surrounding communities of Del Rey Oaks and Sand City have been needing for many years and we're looking forward to its development for two reasons. One, we need the services this library will provide and two, we need the jobs that will emmanate from the construction of the facility. We are working to see to it that maximum feasible utilization of local personnel will be involved in the construction process, which is one of the goals of the EDA committment.

"I would have liked to see the library located in the area east of Fremont to make it more accessible to senior citizens and the young people who will now have to cross the freeway to get to the facility but the present location is preferable to no library at all."

Oscar Lawson, candidate for city council, concurred with Vice Mayor Ross and said, "I am hoping that it will still be possible that the library could be centrally located. But if it is not possible to have the central location without losing the library, it is more important that the library be built in the city hall area."

Faces Around The Bay

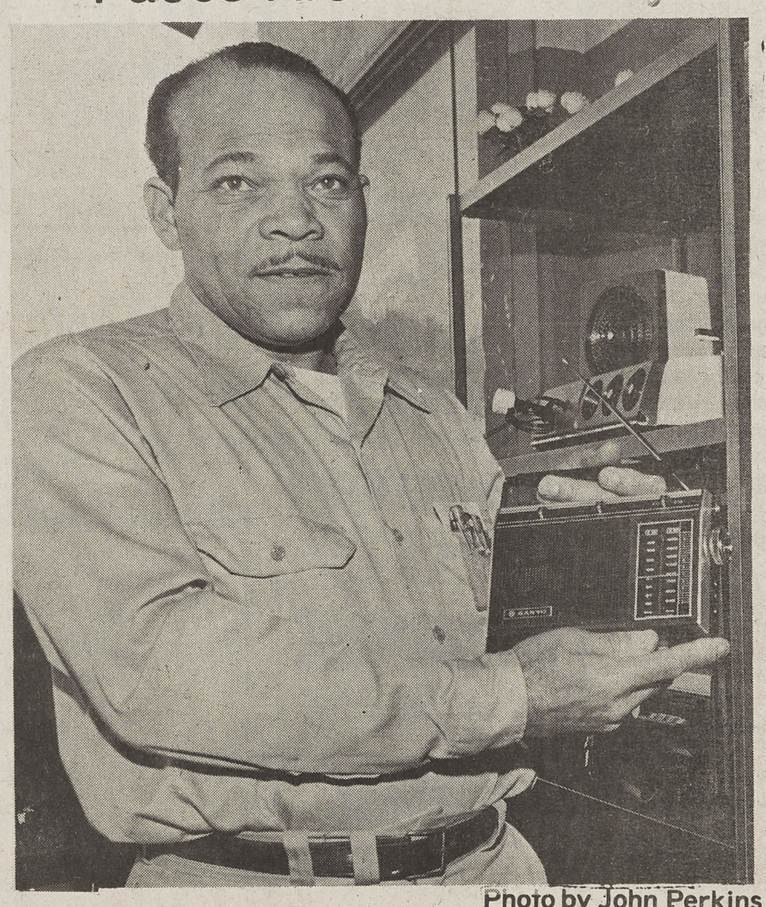


Photo by John Perkins

Eugene Watford, owner of G.H.M. T.V. Service, has been in the Seaside area since October 1962. After he retired from the military he was employed with the electronics division of the civil service at Fort Ord for seven years before opening his present shop. He is married and has a daughter. His wife is employed as a baker for Martin Luther King Junior High and his daughter works for Sears in Seaside.

Today's Army

NEWS

By

SSG R. Cardwell

ARMY RECRUITER

Hello everybody,

The free enterprise system is a remarkable phenomenon which has divided even the friendliest of economists. Virtually no one has ever been able to predict, with absolute certainly, how people will spend their money or how various industries will react over the long haul to consumer spending habits. Many industries are cyclical, which means they have their good years and their bad years. For those industries which manufacture industrial and scientific instruments, the good years seem to lie directly ahead. And for the men who repair those instruments the coming decades appear very primising indeed.

Instrument repairmen maintain the complex industrial and scientific instruments that measure, record or control things like heat, electricity, pressure, liquid flow and chemical composition. They service a wide variety of instruments used in fields such as nuclear energy, oceanography, sewage and water treatment, pipeline transportation, medicine, dentistry, optics and photography.

Over 100,000 men were employed as instrument repairmen in the United States last year. Most received their training from either four-year apprenticeship programs or Armed Forces technical schools. The "training and work experience" in TODAY'S ARMY has never been so abundant. At this moment TODAY'S ARMY is training literally hundreds of young men and women for careers as instrument repairmen at the US Army Ordnance School at the Aberdeen Proving Ground in Maryland. Enlistees who enlist for the course will attend a 17 week course. Along with choosing the instrument repair course, they can choose the installation where they want to serve.

All enlistees receive a starting salary of $326.10 monthly in TODAY'S ARMY. In addition, they receive free room and board, complete medical and dental care and 30 paid vacation days annually.

For more information about the Instrument Repair course or any other job, please contact *us at 431 Webster St., Monterey, or call 372-4742/372-0553.*

CYA Wards Improving Reading/Math Skills

California Youth Authority wards enrolled in compensatory education programs are gaining reading and math skills twice as rapidly as young people in traditional education programs, a recent CYA research study reports.

CYA wards typically have a poor school history; although the average age range is 16 to 20 years, only 7.2 percent have graduated from high school. The report notes that 67 percent of the wards are three or more years behind their expected grade level in reading, and 86 percent are three or more years behind in math.

The average achievement gain for wards in the compensatory education program was two months for every month in the program in reading skills. In math, achievement levels increased 2.27 months for every month in the program. The greatest achievement is usually made in the ward's first month in the program, and by those most seriously deficient.

Compensatory education provides special instructional opportunities for young people who cannot keep up with standard educational programs because of their deprived backgrounds. This inability to achieve school success frequently results in drop outs and delinquent behavior.

The CYA program, initiated in 1967, is financed under Title 1 of the U. S. Elementary and Secondary Education Act. A lower student-teacher ratio than average, individualized teaching, and the use of multimedia devices and programmed instructional materials are emphasized in the program.

In addition to the language and math courses, the program includes vocational education and guidance and testing, which are critical needs for CYA wards who frequently have only minimal job skillls. Courses in "complementary skills" -- to increase a ward's capability to find and keep a job -- are part of the vocational program. Topics covered include health, safety, nutrition, and money management.

Intergroup relations activities are also an integral part of compensatory education. The CYA program includes both ethnic studies programs and a new U. S. history curriculum, which emphasizes the contributions of various minority groups. Initial research indicates that attitude changes toward increased acceptance of minority groups did result from the new curriculum, the report states.

The report was prepared by the CYA's Division of Research and Development, and covers the eleven compensatory education projects of the CYA for the 1972-73 fiscal year.

Can Earn Diplomas During Day

High school diplomas may be earned by adults taking morning classes at the Del Monte Manor in Seaside, Gerald O. Anderson, director of adult education for the Monterey Peninsula Unified School District, has announced.

Anderson said classes are held daily from 9 a.m. to noon in the Manor's multi-use room. He said students can earn credits in subjects needed to meet diploma requirements or prepare for the G.E.D. high school equivalency test. Individual attention is a feature of the classes, he said. The program will also help adults having difficulty with the English language.

Registration information can be obtained by calling the adult school office at 649-7336.

Students Go To Placerville

Seven Monterey Peninsula Unified School District students are finding out first-hand what it's like to live and go to school in Placerville. Later this month, a like number of Placerville students will see what life on the Monterey Peninsula is all about.

The exchange of visits has been arranged by school personnel who run programs for mentally gifted minors in both school systems, according to Donna Lewis, resource teacher for the MPUSD gifted student program.

She said the students from the Monterey district will spend a weekend and two school days in Placerville, living with host families and attending school with their exchange friends. The trip is being made by bus. Seven Placerville students will reverse the procedure starting on Feb. 22.

According to Mrs. Lewis, MPUSD students involved in the exchange are Kenneth Way, grade four, Barbara Campos, grade six, and Jennifer Townley, grade six, all from Del Rey Woods School; David Campbell, Mara Batlin and Melissa Thoeny, all seventh graders from Fremont Junior High School; and Collette Stanley, a seventh grader from Colton Junior High School.

Work Experience Meetings Planned

Nearly 1200 students are expected to be enrolled in work experience education programs at Monterey Peninsula College for the coming Spring semester and all are being required to attend orientation meetings in February.

According to Dave Spence, work experience coordinator, students will have the option of selecting one of three such meetings which will be held Thursday, Feb. 7, from 7 to 10 p.m. in Music-1; Friday, Feb. 8, from 7 to 10 p.m. in the MPC Theater and Saturday, Feb. 9, from 9 a.m. to 12 noon in Lecture Forum 103.

For this meeting, students enrolled in the program whether they are liberal arts or technical majors must bring a work agreement, Form WE I which must be signed by their employer authorizing them to participate in this cooperative work experience program.

Among the many positions included in the program which are available are work experience in administration of justice, art, business, electronics, engineering, hotel-motel and restaurant management, fire science, manufacturing technology, ornamental horticulture, photography, real estate, recreation, and sociology. Each position carries a maximum of four units of college credit.

Positions in general work experience are also available, with a maximum of three units of college credit.

For additional information, contact Spence at 375-9821, ext. 321.

Seaside POST & News - Sentinel
Vol. 28 No. 8

The Seaside POST-News Sentinel, Monterey Publishing Company, 510 Broadway, Seaside, is a controlled circulated newspaper of General Circulation, reaching 15,000 homes in the Monterey Peninsula area.

Celebrating it's 27th year of circulation, the Seaside POST NewsSentinel services the communities by being an unbiased publication.

It's staff consists of: Thomas L. Berkley, Publisher; Thomas Nash, Manager; Clintel Porter, Assistant Manager & Advertising Manager

The editorial policy to The Seaside POST Newspaper is expressed on the editorial page only, under the by-line of the Publisher, Attorney Thomas L. Berkley.

The National Advertising Representative for the Seaside POST News Sentinel is: The Amalgamated Publishers, Inc., Suite 1403, 45 West 45th St., New York City, N.Y. 10036. Phone (212) 489-1200, Chicago, Ill. 60616, (312) 842-0200.

COMMERCIAL RESIDENTIAL
ARMSTRONG'S WINDOW CLEANING
JIM ARMSTRONG 373-8274

FURNITURE RENTING AND SALES
100% of rent may be applied to purchase
3-ROOM GROUP AS LITTLE AS $36.00 per month
24 HR. DEL. BROWSERS WELCOME
FOR RENT
ALL WEST FURNISHINGS, INC.
visit our showroom
105 Central Ave.
PACIFIC GROVE 373-2465

THE NEW ALL NEW
FIRESIDE HOF BRAU
RESTAURANT
(With Off-Street Parking)
Open Daily
Serving the finest food to the finest people
TRY OUR:
Luncheon Special At a Price You Can Afford
The Fireside Hof Brau
1996 Fremont Blvd.
Seaside, CA

OPEN HOUSE
Visit our exciting, newly remodeled
KITCHEN & BATH REMODELING CENTER
Sat., Feb. 2nd thru Sat., Feb. 9th
Main entrance at Canyon Del Rey and Charles Ave.
PRIZES REFRESHMENTS
PHONE 899-2525 for FREE ESTIMATES & PLANNING
SERVING THE PENINSULA SINCE 1954
DEL REY SUPPLY
CHARLES AVE. SEASIDE
(Across the Highway from Monte Mart)

Cecil's PIZZA & PUB
NOW DELIVERS
394-6535

For SINUS Discomfort TAKE sinarest®
sinarest®
For relief of sinus headache and congestion
SPECIFICALLY FORMULATED FOR SINUS HEADACHE AND CONGESTION
PENNWALT CORP.
PHARMACRAFT
CONSUMER PRODUCTS
Box 1212
Rochester, New York 14603

6 pm - 6 am
weekends from noon
Soul · Jazz · Blues
KZEN
107.1 FM Stereo
the SOUL of the Monterey Bay
Sat. Nite Specials

CREDIT YOU CAN AFFORD
FOR THE DENTAL CARE YOU CAN'T AFFORD TO BE WITHOUT.
Don't let money problems stand in the way of needed dental care. Get immediate dental attention, and — on approval of your credit — pay later in small monthly amounts.
It's easy to use your credit for NEW DENTAL PLATES
Dr. Ronald Seltzer
Prices quoted in advance. Come in at your convenience:
No appointment needed for personal professional consultation or examination.
EXTRACTIONS and FILLINGS
REPAIRS and RELINING WHILE YOU WAIT
SENIOR CITIZENS WELCOME
Dentures and partials are placed the same day . . . it is unnecessary to be without teeth at any time. Our denture series includes the soft lining for difficult cases.
Visit our office and be quoted exact prices . . . or call for all information.
EVENINGS BY APPOINTMENT
DR. RONALD SELTZER
Monterey
630 Casanova 373-0681

MAC'S MKT.
DelMonte at English
Monterey-Seaside City Limits
WHOLESALE AND RETAIL PRODUCE
MONTEREY
PH 372-4372
NOW OPEN
8 a.m. - 7 p.m.
SPECIALS
Thurs. thru Sun.

Cucumbers
long, green
10¢ ea

Yams
red velvet
10¢ lb

Tangerines
large size
10¢ lb

Avocados
medium size
15¢ ea

Bell Peppers
large all green
15¢ lb

Napa Cabbage
Chinese
8¢ lb

Republican Chairman Tells Of Party's Improved Position

Republican prospects for victory in California's gubernatorial and U.S. Senate races are greatly enhanced as the result of recent developments, according to Republican State Chairman Gordon C. Luce.

In remarks prepared for the Monterey Bay Republican Women's Club, Luce pointed to indications that Robert H. Finch and Attorney General Evelle J. Younger will not be candidates for Governor this year.

Luce said he expects Younger to run for reelection, while Finch, a former Lieutenant Governor and Secretary of Health, Education & Welfare, announced that he will not run for public office this year.

"Bob Finch has told me he intends to be neutral in the primary and play a key, unifying role in our party's efforts to win both of these important races," Luce said.

"Their decisions will leave the gubernatorial field to the other two leading Republican candidates for governor: Controller Houston Flournoy and Lt. Gov. Ed Reinecke," Luce said.

"We began 1973 with too many possible candidates for governor. Now, with two able Republicans we have a better prospect for unity and strong party organization," he declared. "This is because, in my view, our two gubernatorial candidates will offer voters a choice while at the same time reducing the chances of intra party conflict and dilutation of resources."

"Ev Younger has been an outstanding Attorney General. It is very important that he be reelected so that he can continue to provide the strong leadership the people of California expect in that office," said Luce, who also pointed out that Ivy Baker Priest may be uncontested for nomination in seeking reelection as State Treasurer.

Luce noted that a good choice of Republicans appears to be shaping up for the U.S. Senate Race. He cited such leaders as Dr. Earl Brian, who is resigning as State Health & Welfare Secretary; Dr. S. I. Hayakawa, President Emeritus of San Francisco State University; Dr. James Johnson, former Assistant Secretary of the Navy, and State Senator H. L. (Bill) Richardson.

"Republicans have avoided the kind of king-making activities which can hurt a party," Luce said of the Governor's race.

"The developments have come about as the result of personal decisions to strengthen the Republican Party's chances in November," he declared. "The emphasis on party unity and retention of the Attorney General's post are indeed positive developments. The fact that we now have two candidates for Governor, an incumbent candidate for Attorney General and a fine lady with an outstanding record for Treasurer should greatly enhance our prospects for victory in November."

Luce told the women's group that California registration figures have remained virtually unchanged over the past year and that Republicans can benefit from the disarray and confusion in the Democratic gubernatorial selection.

Luce praised Gov. Reagan for the chief executive's recent neutrality stand, and the party chairman quoted from a letter he received from the Governor:

"You have done a great deal during your tenure as Chairman to bring about the feeling of good will and harmony among those who are active Republicans. During the balance of my term as Governor, you have my assurance that I will assist you in furthering the programs you already have set in motion. Our fond hope is that great successes will result from your efforts in 1974."

Proposes Revenues Be Reinvested

State Controller Hugh Flournoy has proposed that dramatically increased revenues from the State's tidelands oil be reinvested in programs that will return economic, environmental and employment gains to California.

He urged immediate planning for mass public transit systems or added hydro projects for smog-free electrical energy production.

Flournoy, chairman of the State Lands Commission, announced that recent federal regulations exempting governments from the crude oil price ceiling would result in a sizeable increase of tidelands oil revenues to the State Treasury.

"This new regulation," he explained, "explicitly sets forth the State's exemption in response to our appeal of the Cost of Living Council's unexpected reversal last October."

The CLC, under Phase 4 regulations, had originally exempted governmental sales but then reversed approval just hours before the State Lands Commission was scheduled to award contracts to high bidders for nearly 7,000 barrels of royalty oil produced daily off Huntington Beach and Seal Beach.

"Now that we will be able to sell that oil at prices higher than the 'posted price' set by major oil firms and more in line with the current 'market price'," said Flournoy, "we will be able to realize more revenue for public programs of statewide interest and benefit to the people of California.

"In future years, this 'windfall' could amount to hundreds of million dollars in additional state revenue. Therefore, I am asking the Legislature and the Governor to consider applying it to new statewide purposes in addition to those already committed.

"Mass transit systems -- both urban and interurban -- could benefit the people of this State by cutting back fuel requirements without limiting the mobility of people. And that could also make an immense contribution to our clean air program by reducing the need to use private autos for every trip."

Flournoy also proposed a two-fold program of increased energy output and environmental protection through further exploration of additional hydroelectric capability throughout the State.

"Some of this money," he pointed out, "could install a second power plant at Oroville Dam, thereby doubling the present electrical generating capacity in an environmentally beneficial manner."

Another hydroelectric possibility is available on the West Branch of the California Aqueduct in Southern California, he said, where construction of a power plant producing smog-free energy could meet State Water Project needs -- thus releasing present energy requirements from the utilities and turning them to urban use.

"Tidelands oil revenues currently are strictly allocated to water and higher education purposes.

"Now that we know we are going to be receiving increased revenues over what was originally anticipated, I suggest that we use this money for additional public benefits without decreasing any of the benefits provided in the past."

Flournoy emphasized that the dollar amounts expected in the increase were still in the estimate stage, but firmly predicted an increase of at least $60 million for this (73-74) and next fiscal years (74-75).

He also said, that due to rapidly increasing crude oil prices, State oil revenues over a five year period might exceed previous estimates for those revenues by as much as a half billion dollars.

Free Lecture Announced

There will be a free public lecture on TRANSCENDENTAL MEDITATION, as taught by Maharishi Mahesh Yogi on Wednesday, Feb. 6 at 7:30 p.m. at All Saints Church in Carmel: on Thursday, Feb 7 at 12 noon and again at 7:30 p.m. at the IMS Center, 1184 G Forest Avenue in Pacific Grove.

Transcendental Meditation is an easily learned, natural technique of meditation for the development and expansion of happiness, intelligence, and creativity while gaining deep physical rest. For more information call 375-8280.

Sponsored by the International Meditation Society, a non-profit educational organization.

Expanded Nursing Programs Are Given State Approval

Two projects designed to train "physician extenders" for the areas of California in which the doctor shortage is greatest have been approved by the State Department of Health.

Dr. William Mayer, the Department's new director, announced approval of the Family Nurse Practitioner and Pediatric Nurse Associate programs at the University of California, Davis, School of Medicine.

He called the projects "promising efforts to help solve a basic problem in health care delivery -- the maldistribution of physician resources which leaves gaps in the availability of primary care for children and families."

Both training programs will expand the role of registered nurses to perform many of the routine screening and treatment tasks which take much of a physician's time but do not require medical judgment based on clinical experience.

The Davis programs were the first approved under a 1972 law authorizing carefully-watched experiments for the training and innovative use of nurses and other health care personnel. Approval does not imply financial support, but does clarify the legal status of such projects, recently questioned by the State Board of Medical Examiners, Mayer said.

The Board of Medical Examiners, which regulates the practice of medicine by licensed physicians in the state, has accepted the concept of the projects on an experimental basis after receiving assurance that quality of care will be maintained through physician direction of delegated medical functions.

Proposals for more than 50 other experiments, ranging from testing the nurse-midwife concept to the expanded use of pharmacists, have been received by the department, Mayer said. Additional approvals are expected soon.

The Family Nurse Practitioner program is under the direction of Len Hughes Andrus, M.D. Consisting of an 18-months course in community medicine, physical diagnosis, and clinical management, the program's purpose is to enable registered nurses to provide more comprehensive health care under a doctor's supervision.

A special focus of the practitioner program is the training of rural nurses to increase the availability of primary health care outside of urban and suburban areas. This aspect had special significance because the state gives rural health care top priority, Mayer said.

The Pediatric Nurse Associate program is directed by Charles Brant-haver, M.D., and Donis Eichorn. It will train registered nurses to perform physical examinations and developmental screening tests on children, and to work with the pediatrician on other aspects of child health care.

New Exhibit At Museum

Paintings and drawings by Armin Hansen will be shown in the Main Gallery of the Monterey Peninsula Museum of Art during the month of February. The Leonard Heller Memorial Gallery on the balcony will feature murals from the old Del Monte Hotel painted by Paul Whitman. Both artists were active locally during the "Golden Era", were close friends and frequently worked together as they did on the bar murals to be shown in the current exhibition.

Hansen was born in 1886 in San Francisco and had his art education at the old Mark Hopkins Institute and the Royal Academy of Stuttgart in Germany. He then spent four years as a crew member on a trawler before he returned to California. After a short period on the faculty of the University of California in Berkeley he moved to this Peninsula where he became known and respected as the "Dean of Art" until his death in 1957. He was a member of the National Academy.

Known primarily as a marine painter, he excelled in stilllife, landscape and portrait painting as well. A representative group of paintings and drawings have been lent to the Museum by local collectors for the exhibition. Included are two of the murals he did in 1937 for the Del Monte Hotel which are now part of the Museum's permanent collection.

Born in Denver, Colorado, Paul Whitman came to the Monterey Peninsula in 1925 after having studied at Washington University in St. Louis. Here he studied with Armin Hansen and with him helped to organize the Carmel Art Association. Known especially for his lithographs he also etched and painted in both oils and watercolors. Three of his murals from the same bar at the Del Monte Hotel are being shown as are a few examples of his prints and a watercolor. Whitman was in WHO'S WHO IN AMERICAN ART and was a member of the California Society of Etchers and the Lithographer's Technical Foundation. He died in 1950. His wife and sons are still living in this area.

The exhibitions will be in the Museum at 559 Pacific St., Monterey until February 28. Hours are: Tuesday through Friday, 10 a.m. to 4 p.m., Saturdays and Sundays, 1 p.m. to 4 p.m.

Will Help Homeowners

Many future California home-owners will pocket more money when they sell their homes, under the terms of a consumer oriented bill passed by the State Senate recently.

Authored by Senator Dennis E. Carpenter, SB 1244 would prohibit prepayment penalties on loans on single-family dwellings under certain circumstances.

"These sums can often involve many thousands of dollars," said Carpenter.

"In any event, it's a sum that is onerous to the average home-owner. It can range from three to ten percent of the unpaid balance of the loan.

"The intent of the legislation," continued Carpenter, "is to maintain the marketability of property. The idea of limiting it to single-family residences and the other conditions eliminates loan-shopping just to get a better interest rate, but gives the homeowner protection when he needs it, when he's actually selling the house."

As passed by the Senate, Carpenter's bill would eliminate prepayment penalties when the owner sells his home and pays off the loan and meets two conditions:

The buyer must obtain a new loan on the property at a lower rate of interest (one-fourth of one percent or lower), or the new loan must be for more than the balance due on the original loan.

Secondly, the new loan must not exceed 90 percent of the purchase price agreed upon in the sale.

"The existing lender would have the opportunity to meet the new terms and retain the loan," said Carpenter

Obituaries

Charley Clayton

Charley Clayton, of Fort Ord, January 26, 1974. Beloved husband of Rose Clayton.

A native of Sneads, Florida, age 38 years, he was a Sergeant in the United States Army with over 16 years of service.

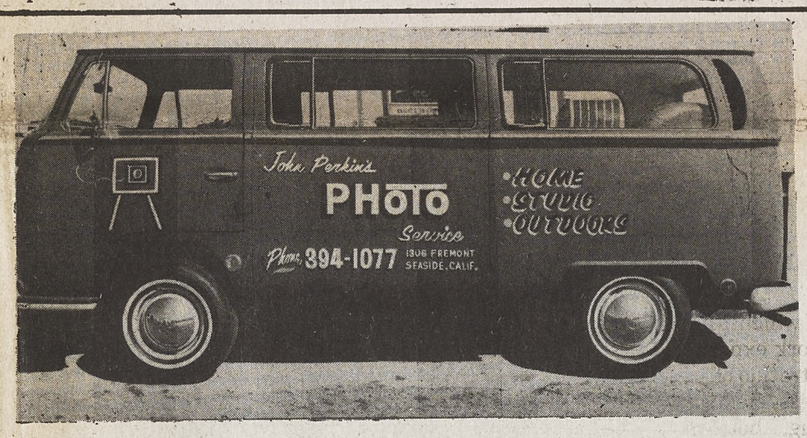
Funeral services were held at the Sims Funeral Home in Chattahoochee, Florida. Burial followed at the Chattahoochee Cemetary. Local arrangements by the Seaside Mortuary.

For further information, please call 394-1406, Michael R. Sonnenberg, Funeral Director. The SEASIDE MORTUARY.

Personalized Service is our main concern at Seaside Mortuary

Michael Sonneberg and his wife, Gail, personally will help you with your funeral arrangements.

SEASIDE MORTUARY
1610 Noche Buena St., Near corner Broadway
394-1406
(Seaside's Only Mortuary)
Michael Sonnenberg, owner



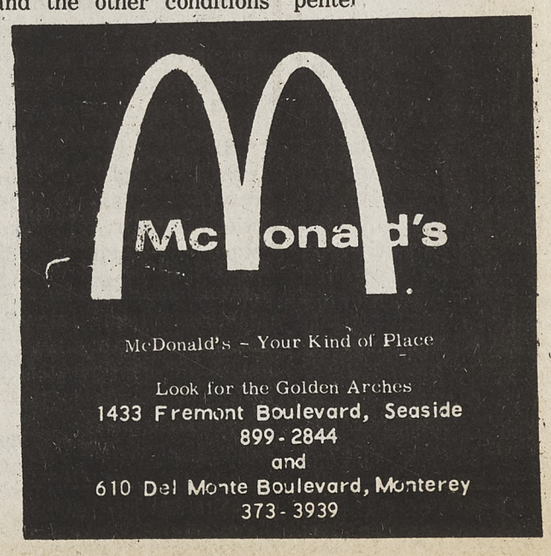
ALL COLOR Pictures

11 x 14 - Sitting Fee Plus
One Picture $24.00
Additional $12.00
16 x 20 - $48.00 with frame
$37.00 without frame
Your Choice, Home - Studio - Outdoors or Anywhere

Sitting Fee $15.00
Including: 1 - 8 x 10
After Sitting Fee, Each
8 x 10 $6.00
5 x 7 $3.00
3 x 5 $1.50
Wallet (in lots of 4 or 8) $.50
Location Cost Fees $19.50
Including: 1 - 8 x 10

JOHN PERKINS
Photo Service
1306 Fremont Blvd.
Seaside, CA
394 - 1077

Portraits
Passports
Babies
Family
Weddings



McDonald's - Your Kind of Place
Look for the Golden Arches
1433 Fremont Boulevard, Seaside
899-2844
and
610 Del Monte Boulevard, Monterey
373-3939

If, by some chance, you failed to get your copy of the Seaside Post and News-Sentinel, you may pick up a free copy at one of the following places:

SEASIDE

The Seaside Chamber of Commerce	505 Broadway
McKinney's Bar-B-Cue	1066 Broadway
Super Save Market	1000 Broadway
Snack & Bottle Liquors	1290 Broadway
Park In Market	1181 Fremont Blvd.
Gateway Liquors	1780-G Fremont Blvd.
Ord Terrace	1949 Fremont Blvd.

MONTEREY

Shell Oil	1080 Fremont
The Liquor Well	2333 Fremont Street
La Fonda Motel	Munras at Fremont

MARINA

Mortimer's Card Clum	Carmel & Del Monte
Wash & Dry	136-C Carmel
Short Stop	273 Carmel
Sand's Liquors	336 Reservation Road
Rogers Liquors	Marina Village Shopping Center

a BOOK that can CHANGE your whole life

Is GOD real to you?
Can you trust HIM?
Is HE near to you?

The Bible tells us we can turn to God for help, for health, for protection. Yet some think these Bible promises are empty. They don't have to be. Today there is a book that is helping many people tune in to the truth of God's nearness, His power and fatherliness. That book is

Science and Health with Key to the Scriptures.

At a low point of poverty, hopeless illness and loneliness, its author, Mary Baker Eddy, saw that God can be trusted and loved. She found that God heals the sick when we love and understand Him. A deep student of the Bible, she discovered a Science based on living the Christianity Jesus taught. She won her freedom from poverty and disease and from her loneliness. Then she wrote down what she learned for the whole world.

By reading and studying this powerful book along with the Bible, men and women throughout the world have found that God can and will help them. These people have solved housing problems, gained opportunities for better education. They've won freedom from poverty, overcome racism. They've discovered what it really means to be the children of God.

You can borrow a copy of *Science and Health with Key to the Scriptures* from the free lending library at any Christian Science Reading Room, or you can purchase it in paperback.

SPECIAL FREE OFFER

If you'll take this ad to one of these Reading Rooms, you can have your own copy of *Science and Health* to read for thirty days. If at the end of that time you want to keep it, you just pay the nominal purchase price of $1.95. Or you can return it to the Reading Room with absolutely no obligation.

PACIFIC GROVE
Central & Fountain
(In CARMEL re)
Lincoln near 5th
MONTEREY
288 W. Franklin

The California State Law prohibits anyone from placing untrue or misleading advertising. Fraudulant advertising in this newspaper may be punished according to the law. To assure advertising accuracy, the cooperation of everyone using Seaside POST advertising in avoiding any untrue or misleading statements is essential to the Seaside POST's policy of truth in advertising.

Special Services

Bait, Worms, Canadian, African night crawlers, Brown nose. Squid and Anchovies. Available 24 Hrs. Please call first, between 7 pm. & 8 am. **AL's BAITS, 340 Livery, Marina. 384-8953.** (S-25-1)

PROBLEMS?
Think no one listens?
We do - We CARE.
24 hrs. FREE. Confidential
Sucicide Prevention Center
373-0713

APPLES FARMER TO YOU. Tree ripened, red delicious, New Town, Pippen, and other varieties. 7¢ to 12¢ per pound by the box. Also homemade natural apple juice. **Highway 1 to Watsonville, take Riverside Drive (Highway 129 off ramp), go 3 miles, left onto Lakeview Road, right at Carlton Road, to 55 Peckham Road.** Daily 9 - 6. Bring containers. **722-1056.**

We have many major appliances, televisions, and many household items. Come and see us at **MONTGOMERY WARDS, Pacific & Franklin,** Monterey, or just call at **373-4733.**

PENINSULA ANSWERING SERVICE
Art Dunn's
since 1950
on call 24 hours
375-2222
624-6409

AUTOMOBILE INSURANCE
STATESIDE-OVERSEAS
Officers and NCO's eligible
Monthly Payments
DILLENBACK INSURANCE AGENCY
533 Hartnell
Monterey. 373-3106

INTERNATIONAL SERVICE INSURANCE COMPANY
Fort Worth, Texas

MONEY
Instantly Available
BARGAINS ON UNREDEEMED MERCHANDISE
LOANS ON
Jewelry, cameras, typewriters, musical instruments, record players, camera equipment. Guns, tools, etc.
ATLAS
PAWN SHOP
FRANKLIN . . . AT ALVARADO
Monterey 375-7072

Experienced Quarter's Cleaning Service. Reasonable. Call **384-8686.**

Pets

GROOMING & BATHING! All Breeds. Complete Pet Shop. Reasonable prices. Grooming on the peninsula for 7 years. **KIMBERLY PET SHOP, 1280 Fremont Blvd., Seaside. 899-2955**

Seaside Disposal Service
*Extra Hauling *Reasonable Rates
Phone 394-1505

G.I. Auto Insurance
*All ages & ranks - monthly pay *Post sticker today
George R. Shorey & Assoc.
1640 Del Monte Blvd., close to Ft. Ord, Seaside 899-2706

TRANSPORTATION
CHARTERED LIMOUSINE SERVICE INC.
One to five passenger chauffered driven Lincoln Continentals and Cadillacs. Also 14 passenger stretchouts.
PERSONALIZED TOURS
WEDDINGS--ALL AIRPORTS
CALL 394-6519

Home Services

CARPET CLEANING
"The best methods at the lowest possible prices."
*Free estimates
Call Bavarian Now
373-7551
(PR. 15,22,29,5)

Miscellaneous

JUST ARRIVED FROM Germany: Lebkuchen, Stollen, Pfeffernusse, Advents calendars, chocolate Christmas tree ornaments, German language Christmas cards, Christmas candles & phonograph records. Bavarian Delicatessen & Gift Shop, 2228 Fremont St. (2 minutes from the new Long's Drug Store.) Open Daily

BUSINESS OPPORTUNITIES

RESPONSIBLE PERSON Wanted to own and operate candy & confection vending machines. Seaside and surrounding area. Pleasant business. High profit items. Can start part-time. Age or experience not important. Requires car and $985 cash investment. For details write & include your phone. **Manager, 11760 Roscoe Blvd., Sun Valley, Calif. 91352.**

FOR SALE

All New 1974 mono power rotor mowers with 2 hp. and 3-1/2 hp. Briggs & Stratton engine. Start at $74.95. **House Of Wheels, 1276 Fremont, Seaside. 394-1331.**

For Sale - Several very good used bicycles, men's and ladies' 3-speeds, 5-speeds & 10-speeds. Priced to sell. **House of Wheels, 1276 Fremont, Seaside, 394-1331.**

Help Wanted

AVIATION MECHANIC TRAINEE High School Graduate preferred. 18-34, no experience required, good salary, many benefits. Call collect, **372-4742,** Army Opportunities.

WASH & IRONING
$3.00 for 4 loads
Ironing 15¢ a piece and up
Contact Diane Logan
675C Sonoma
Seaside, Calif.

TRACKED VEHICLE TRAINEE High School Graduate preferred. 18-34, no experience required, good salary, many benefits. Call collect, **372-4742,** Army Opportunities.

TEXAS REFINERY CORP. offers high income opportunity to mature individual in Seaside area. PLUS regular cash and vacation bonuses, fringe benefits. Regardless of experience, airmale **A. N. Pate, Pres., Texas Refinery Corp., Box 711, Fort Worth, Texas 76101.**

CLERK-TYPIST TRAINEE High School Graduate preferred. 18-34, no experience required, good salary, many benefits. Call collect, **372-4742,** Army Opportunities.

IMMEDIATE OPENINGS IN MONTEREY COUNTY Your local Army Reserve Unit needs the skills of men with or without previous military experience for 16 hours a month and for two weeks each summer. When you join you'll earn while you learn. Plus promotion and retirement benefits. If you don't have a skill, lets talk about you learning one. For further information call **242-5620** weekdays between 8 a.m. to 4 p.m.

The PEDDLER

Page 4 Seaside POST News-Sentinel, Wed., Feb. 6, 1974

To Place PEDDLER ADS Call 394-6632

Help Wanted

GENERATOR MECHANIC TRAINEE High School Graduate preferred. 18-34, no experience required, good salary, many benefits. Call collect, **372-4742,** Army Opportunities.

TEXAS REFINERY CORP. offers PLENTY OF MONEY plus cash bonuses, fringe benefits to mature individual in Monterey County area. Regardless of experience, airmail, **A. T. Pate, Pres., Texas Refinery Corp., Box 711, Fort Worth, Tex., 76101.**

TELETYPE-RADIO OPERATOR TRAINEE High School Graduate preferred. 18-34, no experience required, good salary, many benefits. Call collect, **372-4742,** Army Opportunities.

TRAINEE/ Free Training Counseling, child care & job placement assistance. **O.I.C.W., 1100 O'Brien Drive, Menlo Park 322-8431, Ext. 53**

ROUGH TERRAIN VEHICLE OPERATOR TRAINEE High School Graduate preferred. 18-34, no experience required, good salary, many benefits. Call collect, **372-4742,** Army Opportunities.

Position Open. EXecutive Director. Starting salary $11,500. Job discription may be obtained at the Monterey County Affirmative Action Plan, Inc., 329 Ocean Ave., Monterey. (No phone calls). Closing date Feb. 11, 1974.

Real Estate

NO DOWN G.I. No closing costs. Move immediately into this 3-bedroom 1-1/2 bath, home with fireplace, central heat, and ocean view, for $24,500. VA loan payments are $188.38 interest and principal. Other types of financing are also available.

ADELINE Di LORENZO, REALTOR. MEMBER MULTIPLE LISTING INSURANCE-INVESTMENT. CALL 394-3311 ANYTIME.

PERSONALS

Reduce safe & Fast with GoBese Tablets & E-Vap "water pills." **Seaside Rexall Pharmacy, 1250 Fremont.**

Legal Notice

NOTICE OF TRUSTEE'S SALE

On February 15, 1974, at 11:00 o'clock A.M., Old California Title Company, a California corporation as Substituted Trustee under and pursuant to Deed or Transfer in Trust dated September 1, 1970, recorded October 9, 1970 in Reel 670 of Official Records at page 125 in the office of the County Recorder, County of Monterey, State of California, executed by FREEMAN GORDON and DEVOLIA GORDON, his wife and securing among other obligations, a note for $5,622.56 dated September 1, 1970 in favor of DEWEY C. SPRAGUE and MARY SPRAGUE, his wife, will sell at public auction to the highest bidder for cash (Payable in lawful money of the United States at time of sale) at the office of OLD CALIFORNIA TITLE COMPANY, 465 Tyler Street, Monterey, California, all right, title and interest conveyed to and now held by it under said Deed or Transfer in property situate in the County of Monterey, State of California, described as 1869 Soto Street, Seaside, California, also described as:

Legal Notice

Lots Numbered 248 and 250 in Block Numbered 4, as said Lots and Block are shown on that certain map entitled MAP NO. 3 OF DEL MONTE HEIGHTS, etc., filed for record January 8, 1909, in the office of the County Recorder of the County of Monterey, State of California, in Volume 2 of Maps, Cities and Towns, at page 12.

Said sale will be made but without covenant or warranty expressed or implied, regarding title, possession or encumbrances, to pay the principal sum of said note, with interest as in said note provided, advances under the terms of said Deed or Transfer, fees, charges and expenses of the Trustee and of Trust created by said Deed or Transfer.

The beneficiary under said Deed or Transfer by reason of breach or default in the obligations secured thereby, heretofore executed and delivered to the undersigned a written declaration of default and demand for sale and written notice of breach and of election to cause the undersigned to sell said property to satisfy said obligations, and thereafter on September 11, 1973 the undersigned caused said Notice of Breach and of election to sell to be recorded in Reel 869 of Official Records of said Monterey County at page 876.

The undersigned has been duly appointed and substituted as Trustee under said deed of trust in place and stead of said Mid-County Investment Company, a corporation. Order No. 21102-R.

Old California Title Co.

By: STEVEN D. JONES
Assistant Secretary
(1/23, 1/30 & 2/6/74)

Legal Notice

2-1-32015/005162-0
NOTICE OF TRUSTEE'S SALE
LHG 557 057 T.S. No. 3747

On Tuesday, Feb. 19, 1974, at 4:30 P.M., ALLIANCE ESCROW CORP., a California corporation as duly appointed Trustee under and pursuant to Deed of Trust recorded January 3, 1966, as inst. No. GOOOO33, in book 441, page 305, of Official Records in the office of the County Recorder of Monterey County, State of California, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at the Church Street entrance of the Monterey County Courthouse, in the City of Salinas, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

LOTS 2931 AND 2933, IN BLOCK 41- AS SHOWN ON "MAP NO. 3 DEL MONTE HEIGHTS" ETC., FILED JANUARY 8, 1909, IN THE OFFICE OF THE COUNTY RECORDER OF THE COUNTY OF MONTEREY, STATE OF CALIFORNIA, AND NOW ON FILE IN SAID OFFICE IN MAP BOOK TWO, CITIES AND TOWNS- AT PAGE 12 THEREIN.

The street address and other common designation, if any, of the real property described above is purported to be: 1666 Goodwin Street, Seaside, California.

Legal Notice

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, to-wit: $11,600.17, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

ALLIANCE ESCROW CORP.
as said Trustee

By **C. W. PETERS,**
Assistant Vice-President

Date: January 16, 1974
(1/23, 1/30 & 2/6/74)

Legal Notice

County Clerk, County of Monterey, P.O. Box 1819, Salinas, California 93901
File No. F 5148-15
File Date Jan. 21, 1974
FICTITIOUS BUSINESS NAME STATEMENT
The following person is doing business as:
Pebble Beach Jewelry Company, 2042 Sunset Drive, Pacific Grove, California 93950.

Monterey Bay Trading Co., Inc., 2042 Sunset Drive, Pacific Grove, California.
This business is conducted by a corporation.
Signed by: **J. Ritchie Dunn,** President

This statement was filed with the County Clerk of Monterey County on date indicated by file stamp above.
CERTIFICATION
I hereby certify that the foregoing is a correct copy of the original on file in my office.
Ernest A. Maggini, County Clerk
(SEAL)
By **Louise Tauble,** Deputy
Expires Dec. 31, 1979

Legal Notice

County Clerk, County of Monterey, P.O. Box 1819, Salinas, California 93901
File No. F5148-14
File Date Jan. 21, 1974
FICTITIOUS BUSINESS NAME STATEMENT
The following person is doing business as:
Monterey Bay Trading Co., Inc., 2042 Sunset Drive, Pacific Grove, California 93950.

Monterey Bay Trading Co., Inc., 2042 Sunset Drive, Pacific Grove, California.
This business is conducted by a corporation.
Signed by: **J. Ritchie Dunn,** President

This statement was filed with the County Clerk of Monterey County on date indicated by file stamp above.
CERTITICATION
I hereby certify that the foregoing is a correct copy of the original on file in my office.
Ernest A. Maggini, County Clerk
(SEAL)
By Louise Zaulber, Deputy
Expires Dec. 31, 1979

Oil Production Down

California's oil and natural-gas production continued to decline during 1973 according to a report released by the Division of Oil and Gas.

Oil production last year was 316 million barrels, nearly three percent below 1972 figures.

Natural gas output declined even more, with production down ten percent, from 542.8 billion cubic feet in 1972 to 487 billion cubic feet in 1973.

All figures include production from state tidelands.

The number of new oil and gas wells drilled in 1973 also declined from 1,341 in 1972 to 1,291.

John F. Matthews, Jr., State Oil and Gas Supervisor, said that the oil and gas production figures bpublished by his division are an accurate measure of the state's production. The state, he said, can assess penalties for false filing. He also said that proven reserve figures published annaully are the work of division personnel and correctly represent the state's oil and gas reserves.

California's potential offshore oil reserves, according to division estimates, are about 23.6 billion barrels - potential onshore reserves are only about 6.7 billion barrels.

According to Matthews, "many oil companies have pulled out of California since 1969, and have concentrated their search for oil elsewhere. The depressed wellhead prices for oil and gas in the past years have driven many small operators out of business and forced the abandonment of many low-producing wells.

"We still see many people, however, who refuse to believe the existence of a legitimate energy crisis -- those who want to further remove incentives toward development of our domestic oil reserves. Dependency on foreign oil has always been and will continue to be a dangerous situation for all Americans."

Boy Scouts Name Chairman

Frank T. Moody, of Carmel, is the new Explorer Chairman for the Peninsula Boy Scout District.

Moody, a Peninsula resident for several years, is a Field Underwriter with New York Life Insurance Company.

He has been involved as a committee member of local Explorer Post 180 which specializes in Aviation and is sponsored by the Naval Postgraduate School.

Moody is a member of several service organizations including the Carmel Valley Kiwanis and Commonwealth Club of California.

"Exploring is definitely a contemporary youth program." He said, "It is action packed with the young people involved in special interest groups and it is coed. We need adults who are interested in today's young men and women and their futures."

Any adults and young people that wish to become a part of this program are asked to call 422-5338 during business hours.

Apply Now For Maritime Academy

Young men and women seeking admission to the California Maritime Academy with the class entering in August of 1974 should request application forms at an early date. The California Maritime Academy catalogue is now available upon request.

The California Maritime Academy is operated by the State of California to prepare young men and women for service as officers of the American Merchant Marine. The course of instruction is currently three years in length and the graduate receives a federal license as a merchant marine officer.

He also receives, in accordance with provisions of the State of California Education Code, a Bachelor of Science degree in either Nautical Science or Marine Engineering. Additionally, those graduates who qualify receive commissions as ensign in the U.S. Naval Reserve (Inactive). Costs of the program are borne by the State of California, the Federal Government, and the student.

Requirements for admission are: Be an unmarried citizen of the United States; be at least 17 years of age and not have reached the age of 23-1/2 at time of admission (26-1/2 for veterans); be a high school graduate; and meet prescribed mental and physical requirements.

Admission to the Academy is without regard to race, color, creed or national origin.

All candidates must take one of three entrance examinations preferably not later than March of the year of desired entrance into the Academy. The tests are: S.A.T. verbal and math plus the Achievement Tests in English Composition and Mathematics; the A.C.T.; or the Academy administered examination. Since the S.A.T. and A.C.T. tests are given nation wide, full information is readily available at all schools and colleges.

The Academy examination is given at the Academy on the first Saturday of each month, thru July, at 9 a.m. There is no pre-registration nor fee for the two-hour examination. For information on how to take the Academy examination at locations other than the Vallejo campus, contact the Registrar's Office, California Maritime Academy, P. O. Box 1392, Vallejo, CA 94590.

Bill Will Establish Small Claims Fund

State Senator Donald L. Grunsky (R-Central Coast Counties) has introduced legislation (SB 1568) to reduce by as much as 25 fold in some cases the time required to process and pay small claims against the State.

Grunsky's legislation establishes a Small Claims Fund permitting the State Board of Control to immediately reimburse persons who have claims against the State for less than $100, rather than requiring legislative approval of each claim as is now the law.

"Under present law," Senator Grunsky said, "it sometimes takes up to two years for a person to receive payment from the State. In recent years the Legislature has never denied any small claim approved by the Board of Control indicating that the present requirement of legislative approval is an unnecessary delay. The Board of Control could normally have a check issued in one month if prior legislative approval is not required."

"Furthermore," Grunsky explained, "this measure will save both the Legislature and State Board of Control time and taxpayer dollars by eliminating the compilation of data needed to be submitted to the Legislature and the pursuant committee hearings requiring staff appearances."

The type of claims affected would be those such as adjustments of State employees salaries, return of motor vehicle and professional license fees, reimbursement for property stolen from State employees, inmates and State hospital patients, and the payment of outdated checks and warrants, 60% of which were under $100 in the last fiscal year, according to Senator Grunsky's statement.

Addresses Local YWCA

Assemblywoman March K. Fong was the principle speaker at the annual dinner meeting of the Monterey Peninsula YWCA, January 31.

Seaside Mayor Joe Dolan related an anecdote concerning Miss Fong and Mrs. John Robotti, treasurer of the YWCA, introduced Miss Fong, a member of the Assembly of the California Legislature and a candidate for California Secretary of State. She spoke on the importance of volunterrism.

Miss Fong cited many service volunteer organizations such as the YWCA and gave examples of many different types of volunteering. She said, "Certain things would not get done by free enterprise alone. These certain things get done by volunteers. A sense of public service... is the true spirit of volunteering."

Miss Fong continued that the slogan "make policy, not coffee" presents a valid point that no one should be excluded because of sex or educational level.

Miss Fong is the Representative of the 15th District in Alameda County. This working, urbanized district contains 64% white, 28% Black, 5% Chicano, and 3% Asian people.

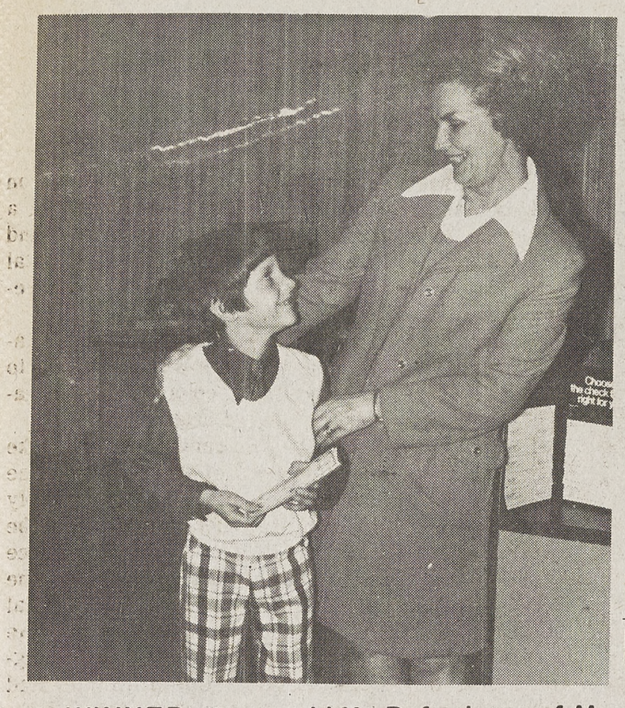
Earlier at the dinner meeting the Board of Directors of the Monterey Peninsula YWCA were introduced. Among them was Mrs. Judith Chumlea, the incoming executive director. Special thanks were extended to Commanding General Gard and Major John Robotti.

Construction Of Route 1 Is Scheduled

First-stage freeway construction is shceduled for a 7.2-mile section of Route 1 in Monterey County, according to bids being called by the California Department of Transportation (CALTRANS).

Under the $10.5-million project, grading and construction of eight structures for the four-lane freeway will begin a half-mile north of North Entrance overcrossing near Fort Ord and continue to Merritt Street in Castroville. The new facility will be primarily on new alignment to the west of the existing route.

THE JIM WHITE
S.F. Bay Area Professional Vocalists & Bands
For Booking Call: 921-8721
THE GOD-FATHER'S BAND—TONY THOMAS
GUY BADWELL — DEE DEE CHRITI
UNCLE TINY—300 POUNDS OF SOUL



WINNER - 7-year-old Kp Duford, son of Mr. & Mrs. Rus Currie of 3005 Bayer Drive, was awarded $25 US Savings Bond, donated by United California Bank, for his winning slogan "America the Beautiful" for Marina parade to be held April 28. Kip received bond from Mrs. Martha von Essen, customer service manager of United California Bank, Marina Branch.

Talcott Against Raises

"Any proposed pay raise for the Members of Congress which might be proposed this Session should be rejected as inflationary and the special Commission responsible for making recommendations to the President every four years on the matter of Congressional salary increases should be abolished," declared Congressman Burt L. Talcott, recently in Washington.

"The Federal Salary Act of 1967 provided for the formation of a Commission on Executive, Legislative, and Judicial Salaries to submit salary recommendations to the President. When the Congress passed this Act seven years ago, it abrogated its traditional responsibility to be held accountable for its own salary increases.

"If the American people are to be expected to support a Congress now asking for expanded responsibilities they must first have a Congress willing to accept a responsibility as basic as reviewing its own salary. I opposed the establishment of the salary Commission and have introduced legislation which would abolish it (H.R.9522) and require Members to vote on all future salary questions," concluded Congressman Talcott.

Set Dates For Annual Fund Drive

Mrs. Alvin Andrus, President of the Monterey Peninsula League of Women Voters, has designated March 11-15 for the annual fund raising drive of the League this year.

At a kickoff breakfast at the LaPlaya Hotel, Mrs. Andrus announced the formation of a Financial Advisory Committee composed of the following members:

Mr. Bud Allen, Dr. Joseph Arancio, Mrs. Kenneth (Jean) Ehrman, Dr. George Faul, Mr. Morgan Flagg, General Roy Lassetter, Mr. Harold Onstott, Mr. Jay Pauly, Mr. Charles Page, Mr. Ralph D. Saylor, Mrs. Will (Mary) Shaw, Mr. John Sigourney, Dr. C. Arthur Spaulding, Mr. Peter Stuber, Mr. Mark Thomas, Mr. Richard Thornburg, Mr. Richard Wilsdon.

Mrs. James (Janice) O'Brien of Pebble Beach is chairman of the Finance Drive.

Time Change Announced

The Religious Science Society of Seaside is announcing a change in the time of its Sunday lectures on Science of Mind.

The weekly service will now be held at 3 o'clock in the afternoon. All are invited to come to the Academy of Music, 1137 Broadway, Seaside.

The first four Sundays will give an opportunity to find out about Religious Science: What It Is; How It Works; What It Does; How to Use It. These questions will be answered by Mrs. Adine Williams, lecturer.

A welcome is extended to all who seek a vital truth for daily living.

Sign-Up For Europe Trip

Monterey Peninsula College Community Services in cooperation with four other northern California community colleges is now taking reservations for its summer travel program "Europe -- The Independent Way."

According to Heinz Hubler, MPC community services officer, the four-week program, July 3 - 31, costs $699 and includes visits to London, Paris, Florence, Lucerne, Munich and Amsterdam.

"The big adventure on a small budget offers the freedom to plan your own activities with the security of knowing you will always have a place to stay and an expert to help you find your way around," Hubler said. The faculty host in each city will suggest activities, restaurants, entertainment and short side trips to take and two semester units of college credits are available through independent study.

The fees include round trip jet transportation from San Francisco to London, lodging on a double occupancy basis each night you are in Europe, an International Student I.D. Card

For more informat ons and reservations, con act Hubler at 373-5522.

FREEZONE IS FOR CORNS THAT HURT.

Why fool around with painful corns, when Freezone can help you remove them. Try it. You'll see. In just days, the corn will be gone... the hurt will be gone. Painlessly. No dangerous cutting. No ugly pads or plasters. Drop on Freezone—take off corns.

freezone® REMOVES CORNS AND CALLUSES

FISHER TIRE SERVICE
New & Used Retreads
Wholesale & Retail
Chrome Rims & Mags
Fisher Tire Servic
242-4571 or 394-0072
We accept
master charge THE INTERBANK CARD and BANKAMERICARD welcome

The place to get answers.

The Bible is filled with inspiration and guidance vivid examples of protection and comfort through understanding God

You can find answers to your needs with the special help of weekly Bible Lessons in the **Christian Science Quarterly.**

Buy your own copy of the **Quarterly,** or study the Bible Lesson, in our public Reading Room.

First Church of Christ, Scientist
Carmel, Lincoln Street near Fifth Avenue
Monterey, 288 West Franklin Street
Pacific Grove, Fountain and Central Avenues

The How, When & Where Of Consumer Rights

by Frank Murphy Jr.

What do you do if you find the washing machine you bought two weeks ago won't work today? How can you protect yourself against misleading or deceptive advertising?

Too often consumers are unaware of the channels open to them for redress of grievances caused by faulty workmanship or advertising. Often they take the monetary and emotional losses, vowing never again to patronize a particular store or product. But they are unaware that many agencies have services available that will help them get back the money they may have lost.

For example, one woman recently saw an ad for a drink that would allow her, or so the ad said, to eat as much as she wanted and still lose weight. She tried it for a week and gained ten pounds. After doing a little research, she found that there were many people ready, willing and able to help her.

The Attorney General, county counsel and city prosecutors and attorneys may halt false and deceptive advertising practices through injunctive action and seek civil penalties for violations, such as loss of license. In addition to enjoining false or deceptive advertising, the courts may restore any money or property acquired through such practices to the victimized consumer.

If you have a complaint about a product, there are a number of things you can do to gain redress from the store where you purchased the product or even the manufacturer of the product.

*Take your complaint to the company from which you purchased the product or service first. Most often, they can solve your problem. Many consumers with complaints mistakenly fail to contact the company before seeking outside assistance. Save copies of all correspondance.

*If you don't receive satisfaction from the first person you talk with, ask to see the manager or supervisor.

*Be prepared to wait a few days or a week. Some complaints take time to resolve.

*If after a reasonable amount of time you have not received satisfaction from the company, gather your facts together and call for help. Try to have copies of bills, cancelled checks, warranties and any correspondence you have sent or received regarding the problem.

*Call your local Consumer Affairs Office. To find it, refer to the white pages of your local directory under "Consumer Complaint and Protection Coordinators."

You have the right to be satisfied with the services and products you pay for. You also have the right not to be misled by faulty advertising. The exercise of the rights is your responsibility. Find out about the facilities in your neighborhood that can help you. You may save money and time if you do.

Manager Is Named

Tadashi (Tad) Kimoto of Capitola has been named as the new manager of the Monterey County Farm Labor Services Complex of the State Employment Development Department.

The appointment was announced by District Administrator Bryce Biddle, who said that Kimoto has assumed operational responsibility for the three EDD field offices which make up the complex. They are the county farm labor services headquarters at 253 Commission St. in Salinas, and its branches at 130 Broadway in King City and 167 Main St. in Soledad.

The King City and Soledad facilities, in addition, are full-function offices, providing general job placement and unemployment insurance services to residents and employers of those areas.

A native of San Juan Batista, Kimoto attended elementary and secondary schools in Watsonville. He is a 1962 graduate of the then San Francisco State College, with an A.B. degree in Liberal Arts.

He began his career with the state employment service in September, 1965 as an employment security trainee in Santa Cruz. After a time in Salinas, he returned to Santa Cruz to become an employment section manager, and was promoted to head the unemployment insurance office in late 1969. When employment and unemployment insurance office functions were combined during a departmental reorganization last year, he headed the Santa Cruz U.I. Branch Section until being assigned to his present post.

When you have finished with your copy of The POST, pass it on to a friend or relative.

Agonizing Pain From Ingrown Toenail? Get Outgro For Fast Relief

Outgro gives you fast temporary relief from ingrown toenail pain. Outgro toughens irritated skin, eases inflammation, reduces swelling without effecting the shape, growth, or position of the nail. Stop ingrown nail pain fast with Outgro.

BICYCLE REPAIRING
Bikes are Red
Bikes are Blue
If yours is broken
I'll fix it for you!
Most all makes, parts, service and sales. We also repair most all wheeled toys ... To all Military Personnel, that belong to AFBAA, to receive discounts.
HOUSE OF WHEELS
1276 Fremont Blvd.
Seaside 394-1331

GM TV SERVICE
COLOR - BLACK & WHITE
SERVICE SPECIALISTS ON.....
• STEREO • HI-FI • TAPE RECORDERS
• CAR RADIOS • FM • MULTI-PLEX
FINANCING AVAILABLE
394-4711
GENE WATFORD
HONEST REPUTATION OVER 15 YEARS EXPERIENCE MOST REPAIRS IN THE HOME
SANYO AUTHORIZED SALES & SERVICE
1536 DEL MONTE BLVD. SEASIDE
Located in Old Bus Station on Del Monte Seaside
Owned and Operated by Gene Watford
COLOR TELEVISION
373.42
19" PIC. MEAS. DIAG. 100% solid state Trimatic tuning Black matrix picture tube
$242.34
15" PIC. MEAS. DIAG. • Solid-state chroma circuitry
BLACK AND WHITE TELEVISION
$90.82
12" PIC. MEAS. DIAG • 100% solid state
99.95
16" PIC. MEAS. DIAG.
AM/FM STEREOCAST 8-TRACK RECORDER/PLAYER Records from AM/FM while listening
$99.95
CASSETTE PORTABLE TAPE RECORDER
39.95
$104.95
AM/FM/FM STEREO RECEIVER/ AUTOMATIC RECORD CHANGER/ MATCHED BOOKSHELF SPEAKERS Output jacks for 4-channel stereo
SUPER DELUXE BONUS BUY!
PHONOGRAPH Sing-along stereo phonograph Solid-state
$39.95
59.95
AM/FM/TV BAND STEREOCAST • Telaudio TV band reception • Memoriode electronic timer
BUY QUALITY PRODUCTS

FIRST CHURCH OF CHRIST, SCIENTIST
MADISON AND HERRMANN DRIVE
MONTEREY
Sunday Service ..... 10:30 A.M.
Sunday School ..... 10:30 A.M.
Wesnesday Evening Testimony Meeting. 8:00 A.M.
Child Care Provided
Free Reading Room - 288 W. Franklin
For hours, telephone 372-5076
The King James Version of the Bible, the Christian Science textbook: SCIENCE AND HEALTH with Key to the Scriptures by Mary Baker Eddy, and all authorized literature may be read, borrowed or purchased in the READING ROOM.

CAPTAIN'S GIG
Old Fisherman's Wharf
Monterey
373-5559
WINTER SPECIAL
FISH & CHIPS
2 for the price of 1
with this coupon

Why ration yourself to just half a cup of coffee,

when you can fill your cup with rich-tasting Brim Decaffeinated Coffee.

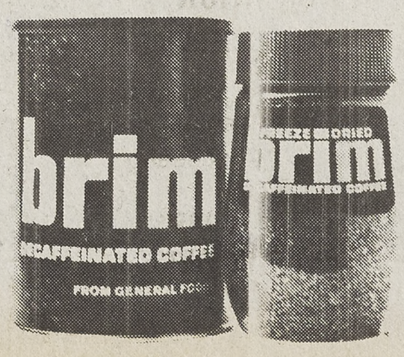
Brim is richer in Colombian beans than the best-selling coffee in America.

If you love rich-tasting coffee, why let caffein keep you from enjoying as much as you'd like.

With Brim you can enjoy that great-tasting coffee with almost no caffein.

Because Brim is 97% caffein free. And richer in Colombian beans than even the best-selling coffee in America. So you get a full, rich taste, cup after cup.

GF GENERAL FOODS



Mike Bomarito

1971 Chevrolet Camaro
automatic transmission, power steering, power brakes, air conditioning, 33,0000 actual miles, like new.
Lic. Texas CWR 87
$2695

1969 Chevrolet Malibu
Automatic transmission, power steering, vinyl roof, radio, heater, maroon with white vinyl roof. Lic. 386 CSG
$1595

1969 Buick Skylark
4-door sedan, loaded.
Lic. 281 AWZ
$1595

1969 Volkswagen Camper
Loaded, new rebuilt engine, like new. Lic. YLA 701

We have 70 new or used cars to choose from

11 Used Pickups
with camper and camper shells. 1966 to 1973.
Very reasonably priced

ARNOLD GREEN DODGE
DEPENDABLE USED CARS FROM A DEPENDABLE DEALER
FRANKLIN & WASHINGTON
DOWNTOWN MONTEREY 373-1268

Crackers
Saltine, Sunshine Krispy Crackers—1-lb.
SS 33¢

Long Spaghetti

Golden Grain—1-lb.
EXTRA VALUE
29¢

Tomato Sauce

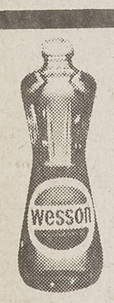
Town House—8-oz. Can
10¢

Corn
Del Monte—Cream Style or Whole Kernel—17-oz.
SS 4 for 88¢

Buffet Suppers

Banquet Frozen—2-lb.
(Sliced Beef w/Gravy $1.86)
SS $1.29

Cake Mixes
Betty Crocker—18½-oz. Pkg.
(Lemon Chiffon 18½-oz. 73c)
33¢



Wesson Oil
All Purpose—24-oz.
72¢

Tomato Catsup
Del Monte—26-oz.
SS 39¢

Butter
Lucerne Grade AA Cubes
1-lb. 77¢

Soft Margarine

Coldbrook—1-lb. Tub
EXTRA VALUE
39¢

Swanson Dinners

TV, Frozen—Meat Loaf, Chopped Sirloin, Turkey, or Salisbury
Regular Size Package
SS 49¢

Rice-A-Roni
Golden Grain
Regular Size Package
SS 29¢

Dog Food
Kal Kan Beef Stew—14-oz.
SS 29¢

Large Eggs
Grade AA
Cream O' The Crop Dozen
75¢

Corn Flakes
Safeway—18-oz.
EXTRA VALUE
35¢

Dove Liquid
Detergent for Dishes—22-oz.
SS 44¢

SHOP SAFEWAY • SAVE MONEY

SUPER SAVER **Rice Mixes** MJB—6-oz. Package 29¢

Beef Stew Town House—24-oz. Can 84¢

Canterbury Tea Carton of 100 Bags 92¢

SUPER SAVER **Syrup** Buttered Log Cabin—24-oz. 69¢
(Bel-air Round Waffles, Frozen—12-oz. 43c)

Breakfast Drink Orchard, Orange—64-oz. 55¢

SUPER SAVER **Ovaltine** Beverage Mix—12-oz. 75¢

Frozen Foods

Green Giant Rice	12-oz. (White & Wild 59c)	39¢
SS Vegetables	Green Giant LeSueur Peas, Broc. or Cauliflower in Sauce—10-oz.	43¢
SS Chun King Dinners	11-oz.	75¢
Egg Rolls	Chun King—6-oz.	69¢
French Crumb Cake	Stouffers—10-oz.	79¢
Birds Eye Orange Plus	Concentrate—12-oz.	59¢
Fudge Bars	Eskimo, 18-oz. Package—6 Count	55¢

WEXFORD CRYSTAL

Featured This Week
6-oz. Wine Glass
Only 39¢

Pet Food Favorites

Friskies Cat Food	15-oz. Can	19¢
Milk Bone	Dog Biscuits—26-oz. (Favor Snacks—16-oz. 42c)	51¢
Skippy Premium	Dog Food—15-oz.	28¢
Gaines	DOG MEAL 10-lb. Bag	$1.87

CLIP TOP CARROTS Lb. 10¢

CABBAGE Lb. 10¢

BANANA SQUASH Lb. 10¢

Golden-Ripe Bananas Pound 13¢
Iceberg Head Lettuce 4 for $1
Ruby Grapefruit 8 Pound Bag 98¢

Home & Family Needs

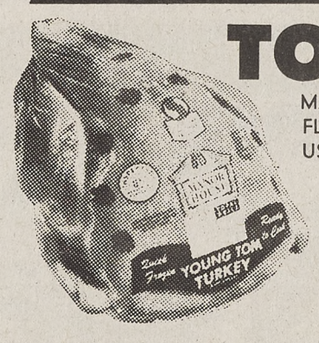
Skylark Bread	Multi-Grain—1-lb.	39¢
Skylark Bread	Split-Top—1½-lb.	44¢
Betty Crocker	White or Fudge Frosting Mix—Reg. Pkg. (Orange or Pecan—14.3-oz. 59c)	53¢
Wheat Hearts	Hot Cereal—28-oz.	64¢
Pancake Mix	Regular or Complete—Betty Crocker 18½-oz.	57¢
Jello Gelatin	6-oz. (Jell-well Gelatin—6-oz. 23c)	25¢
Pillsbury Figurines	Diet Wafers—7½-oz.	$1.10

DEL MONTE VEGETABLES
BUFFET SIZES . . . Cut Green Beans, French Style Green Beans, Cream Corn, Early Garden Peas, Mixed Salad Vegetables
Your Choice—Each SS 15¢

Coffee Suggestions

Maxwell House	Instant Coffee—10-oz. (Safeway—10-oz. $1.37)	$1.47
Maxim Instant	Freeze-Dried Coffee—8-oz.	$1.92
Taster's Choice	Decaffeinated—4-oz. (8-oz. $2.19)	$1.29
Nestle Decaf	Instant Coffee—4-oz.	$1.10
Pream Packets	Non Dairy Creamer 36 Individual Packets—3.8-oz.	56¢
Safeway Coffee	Pre-ground—2-lb. Bag	$1.57
Edwards Coffee	Rich in Colombian Coffees—1-lb. (3-lb. $2.59)	97¢
Maxwell House	Coffee—2-lb. (Edwards—2-lb. $1.69)	$1.85

IT'S TURKEY WEEK AT SAFEWAY



TOMS MANOR HOUSE FLASH-FROZEN USDA GRADE A
POUND 58¢

HENS Manor House, Flash-Frozen USDA Grade A—Lb. 64¢

TURKEY PARTS
Processed From Armour Star Tom Turkeys

BREASTS	THIGHS	LEGS
Pound	Pound	Pound
$1.09	79¢	69¢

Smoked Turkey	Safeway, Fully Cooked Under 10 Pounds—Lb.	$1.19
Turkey Roast	Manor House, Flash-Frozen Boneless, 3½ Pounds—Each	$5.99
Turkeys	Self-Basting, Safeway, Hens, Under 14 Lbs.—Lb.	79¢
Safeway Turkeys	Toms, Self-Basting Under 22 Pounds—Lb.	79¢
Safeway Turkeys	Self-Basting Under 9 Pounds—Lb.	79¢
Turkey Breasts	Plantation, Under 6 Pounds—Lb.	$1.29
Turkey Roast	Lynden, Boneless, 4½ Pounds Each	$5.99
Armour Turkeys	Golden Star, Self-Basting—Lb.	79¢
Honeysuckle Turkeys	Basted—Lb.	69¢
Swift Butterball Turkeys	Under 22 Pounds—Lb.	69¢
Norbest Turkeys	Under 22 Pounds—Lb.	69¢
Ground Turkey	Thigh Meat—Lb.	89¢

Whole Fryers USDA Grade A Manor House, Flash-Frozen—Lb. 47¢

Smoked Ham Pieces For Baking—Lb. 94¢

Round Steaks Full Cut, Bone In, USDA Choice—Lb. $1.38

Beef Franks Safeway—12-oz. Package 69¢

Ground Beef	Regular Grind, A Family Favorite—Lb.	99¢
Beef Plus	T.M. Reg.—Use Just Like Ground Beef—Lb.	79¢
Fishsticks	Captain's Choice, Pre-cooked, Frozen—Lb.	$1.09
Chuck Steaks	Regular, USDA Choice—Lb.	$1.19
Top Sirloin Steaks	USDA Choice Grade Boneless—Lb.	$2.14
Veal Patties	Manor House, Flash-Frozen Bulk—Lb.	$1.19
Crossrib Roast	Boneless, USDA Choice—Lb.	$1.59
Canned Ham	Dubuque or Safeway 8-Pound Size—Each	$11.99
Sliced Bologna	Safeway—1-lb. Package	$1.29
Cooked Ham	Danola, Sliced, Imported—4-oz.—Each	84¢

Beef Chuck Roast Blade Cut, USDA Choice—Lb. 89¢

Greenland Turbot Fillets, Frozen—Lb. 88¢

Whole Crabs Dungeness, Large Size 1½ to 2-lbs.—Lb. $1.29

Cornish Game Hens Manor House, Flash-Frozen, 20-oz., Each 99¢

Health & Beauty Aids

Sucrets Lozenges	Antiseptic—24 Count	79¢
Safeway Aspirin Tablets	200 Count	35¢
Right Guard Anti-Perspirant	5-oz.	77¢
Right Guard Powder	Anti-Perspirant—5-oz.	77¢
Touch of Sweden	Hand Lotion—10-oz.	73¢
Wella Balsam	Shampoo—8-oz. (Conditioner—8-oz. $1.19)	$1.36
Aqua Net	Hair Spray—13-oz. (16-oz. 67c)	57¢

WINE Mt. Castle Gallon Jug $2.39

Wine Suggestions

Christian Brothers	Burgundy Wine—5th	$1.99
Cold Duck	Say Bon—5th	$1.98
Beringer Mountain Wine	½ Gallon	$2.98
Liebfraumilch	Karl Manheim Wine—23-oz.	$1.59
Mateus Rose	Imported from Portugal—25-oz.	$3.19
La Mesa Port	Wine—½ Gallon	$2.19
Paul Masson Chablis	5th	$1.99

Items & prices in this ad available February 6, 1974 thru February 12, 1974 in the following Safeway Stores:

Since we're neighbors let's be friends

DISCOUNT with a DIFFERENCE SAFEWAY

SEASIDE 1720 Fremont Blvd.

MARINA Marina Village Shopping Center